

WELCOME TO YOUR EMPLOYEE ASSISTANCE PROGRAM

STAFFED BY PROFESSIONALS

The service is staffed by a team of highly trained and qualified professionals who are experts in fields such as well-being, family matters, relationships, debt management, employment issues, consumer rights, and much more. You can be confident that the information you receive is accurate, up-to-date, and relevant to your particular circumstances.

ACCESS IS EASY

No matter when, no matter where, you and your family have access to professional support. Call or log on to get started.



**AVAILABLE ANYTIME, ANY DAY,
YOUR EMPLOYEE ASSISTANCE
PROGRAM IS A FREE, CONFIDENTIAL
PROGRAM TO HELP YOU BALANCE YOUR
WORK, FAMILY, AND PERSONAL LIFE.**



OFFERED THROUGH



4889 Sinclair Road | Suite 103
Columbus, Ohio 43229
614.473.0122



**ALWAYS AVAILABLE.
ALWAYS CONFIDENTIAL.**

BEHAVIORAL HEALTH

- Relationships
- Addiction/Dependency
- Anxiety/Depression
- Bereavement
- Gender Issues
- Illness

CHILD CARE

- Choosing Child Care
- Summer/Holiday Care
- Special Needs Child Care
- Community Resources

ADULT CARE

- Care for Older Adults
- Special Needs Adult Care
- Medicare and Medicaid
- Caregiver Support

PARENTING

- Adoption, Pregnancy and Infertility
- Talking to Teenagers

EDUCATION

- K-12 & Colleges and Universities
- Financing, Tutors and Test Prep

DAILY LIVING

- Travel, Dining and Entertainment
- Consumer Issues
- Pet Care
- Community Resources
- Legal and Financial Issues
- Health and Wellness

CAREER

- Work Performance
- Stress Management
- Co-Worker Relationships
- Transition and Relocation



ACHIEVING BALANCE THROUGH TOTAL WELL-BEING AND SUPPORT.

Your employer recognizes the challenges of balancing work with the circumstances of everyday life. That's why you and your family have access to free support through GO-EAP.

SERVICE OVERVIEW

- Annually, up to 5 sessions per issue with a credentialed mental health counselor
- Emergency telephone assistance 24/7/365
- Legal and financial guidance available at discounted or no cost.
- Unlimited professional consultation and referral to assist with a wide spectrum of work, family and personal issues.

SPECIAL FEATURES AND BENEFITS

In addition to live support from professionals, the following special features are available for your benefit:

- LiveCONNECT, a feature that allows you to instantly message an EAP Consultant
- Savings Center, where you can shop name-brands at discounts of up to 25%
- CareSpace, online support for parents and eldercare givers
- Financial and Daily Living Calculators, for a variety of practical applications
- LifeLines, a quarterly newsletter with information on topics for your daily life
- An online library stocked with over 5,000 on-demand resources including tip sheets, webinars, audio files, links, and articles over a variety of topics.

